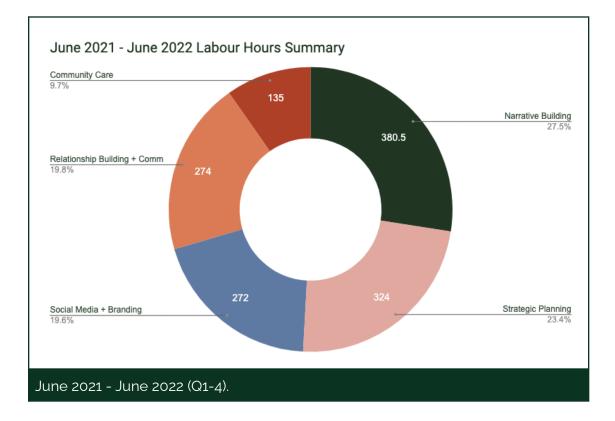
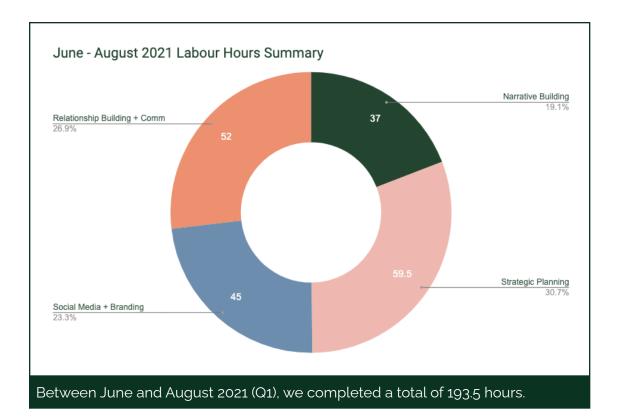
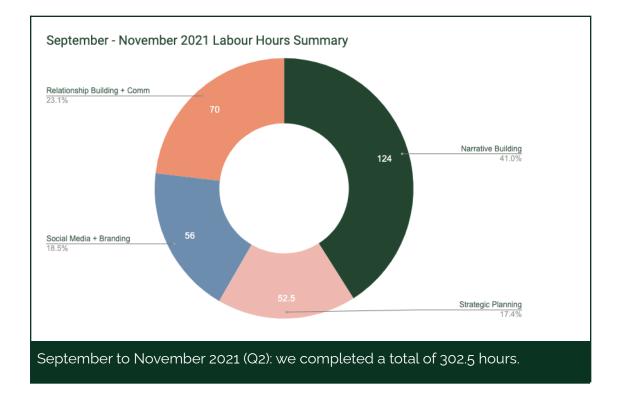
Annual Free Labour Report Summary

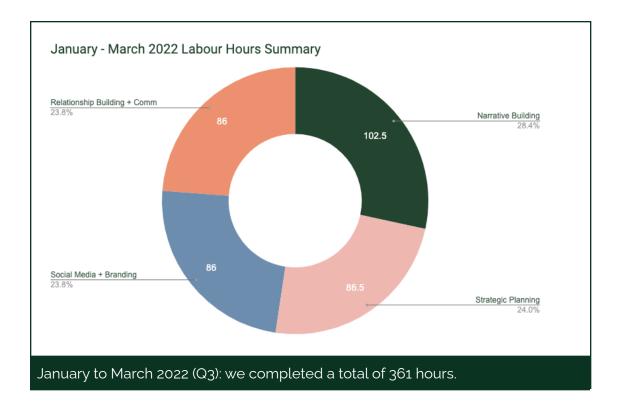
Since LSRL's conception in June 2021, we have plugged in **1,385.5 hours** of free labour while balancing paid opportunities, school and other responsibilities. This translates to a total value of **\$27,710.00** of unpaid labour without direct remuneration. This figure is based on the Industry Standard Rate in the Canadian Nonprofit Sector. This does not include the labour we could not account for before thinking of this report or expanding what we classify as labour.

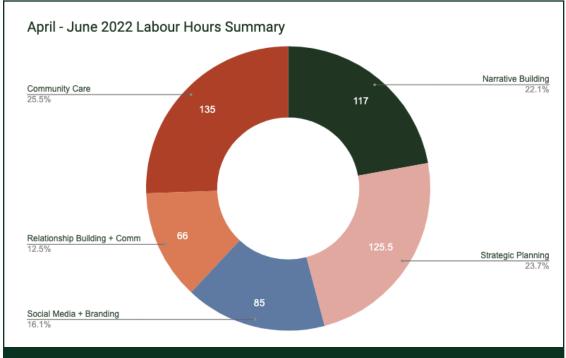
We have summarized our record-keeping on a quarterly basis (3-month intervals). Our labour has been categorized under *Relationship Building + Communication, Narrative Building, Strategic Planning, Social Media + Branding*, and later, *Community Care*. A majority of our time is spent on Relationship and Narrative Building; this data displays the reality of being working class first generation immigrants and needing to build social capital, credibility and name recognition from the ground-up.











April to June (Q4: we completed a total of 528.5 hours. We began tracking hours spent on Community Care. In June, we accumulated a total of nearly 80 hours due to grief and healing programming as it is the month commemorating the London tragedy.